

The Life You've Always Wanted

Part 3-Praying and Confessing

How can we discover the life we have always wanted?

This life is found in a **DEEPER WALK** with God.

Key point from week 1: we have to TRAIN spiritually to develop the life we have always wanted.

Have nothing to do with godless myths and old wives' tales; rather, train yourself to be godly. For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come. 1 Timothy 4:7-8 NIV

Key Point from last week: We need to SLOW DOWN to hear God's voice in our lives.

He says, "Be still, and know that I am God; Psalm 46:10 NIV

Three thoughts about Confession...

1. Confession is good for the TOLL.

If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness. If we claim we have not sinned, we make Him out to be a liar and His word is not in us. 1 John 1:8 NIV

Key Thought: God is FAITHFUL

2. Confession brings God's HEALING.

Therefore, confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective. James 5:16 NIV

Consider the Seven Deadly Sins

- **Pride**

- **Anger**
- **Lust**
- **Envy**
- **Greed**
- **Laziness**
- **Gluttony**

3. Confession brings TRANSFORMATION

Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death. 2 Corinthians 7:10 NIV

What is holding you back from confessing today?