

## **The Life You've Always Wanted**

### **Part 4-Meditating on Scripture and Seeking Guidance**

#### **James 1:5-8**

**How can we discover the life we have always wanted?**

**This life is found in a DEEPER WALK with God.**

**Key point from week 1: we have to TRAIN spiritually to develop the life we have always wanted.**

*Have nothing to do with godless myths and old wives' tales; rather, train yourself to be godly. For physical training is of some value, but godliness has value for all things, holding promise for both the present life and the life to come. 1 Timothy 4:7-8 NIV*

**Key Point from week 2: We need to SLOW DOWN to hear God's voice in our lives.**

*He says, "Be still, and know that I am God; Psalm 46:10 NIV*

**Key point from week 3: Confession brings TRANSFORMATION**

*Godly sorrow brings repentance that leads to salvation and leaves no regret, but worldly sorrow brings death. 2 Corinthians 7:10 NIV*

### **3 Questions to Consider...**

**Question 1: What keeps us from hearing God's voice?**

**Answer: Spiritual MINDLESSNESS.**

*If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you. But when you ask, you must believe and not doubt, because the one who doubts is like a wave of the sea, blown and tossed by the wind. That person should not expect to receive anything from the Lord. Such a person is double-minded and unstable in all they do. James 1:5-8 NIV*

*But seek first His kingdom and His righteousness, and all these things will be given to you as well. Matthew 6:33 NIV*

**Question 2: What do we need to do to hear God speaking in our lives?**

**Answer: DRAW NEAR to God in Meditation and Prayer.**

*Submit yourselves, then, to God. Resist the devil, and he will flee from you. Come near to God and He will come near to you. James 4:7-8a NIV*

**Thoughts on Meditation:**

- 1. Ask God to meet you in the Scriptures.**
- 2. Read the Bible in a repentant spirit.**
- 3. Meditate on a brief passage or narrative.**
- 4. Take one thought or verse with you throughout the day.**
- 5. Allow this thought to become part of your memory.**

**Question 3: What will we receive from God when we draw near to Him?**

**Answer: GUIDANCE and LEADERSHIP for our lives.**

*I will instruct you and teach you in the way you should go;  
I will counsel you with my loving eye on you. Psalm 32:8 NIV*

**3 Ways God will give guidance...**

- 1. Through His written WORD.**

*Your word is a lamp for my feet, a light on my path. Psalm 119:105 NIV*

- 2. Through the HOLY SPIRIT.**

*But when He, the Spirit of truth, comes, He will guide you into all the truth. He will not speak on His own; He will speak only what He hears, and He will tell you what is yet to come. John 16:13 NIV*

- 3. Through His PEOPLE.**

*Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. Ephesians 4:15 NIV*

**Will you seek Him today? Will you trust him?**